

Harmful effects on human health and children's learning

- Over 2.1 BN children and young people under 20 are affected by non-communicable diseases (NCDs) worldwide.
- The main risk factors for NCDs are behaviors established in childhood and adolescence, such as unhealthy diets and lack of physical activity.
- Each year, about 1 million people under the age of 20 die from treatable NCDs, accounting for over 15.85 % of deaths in this age group.

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SCHOOL TRAININGS



An EU4Health Programme

BENEFICIARIES

Children and adolescents aged 7 to 19. We organize a two-hour interactive training for groups of maximum 50 children.

The training includes both theoretical and practical sections, with videos and interactive quizzes to illustrate important remarks.

OUR TRAINERS

One to three members of the Preventia project team will lead the training. We strongly encourage teachers to participate, as their involvement is crucial to reinforce the message throughout the school year.



GOALS



To improve the health literacy of younger generations on NCDs prevention through training on healthy eating habits and childhood obesity.

To reduce health inequalities across the EU (and beyond) through inclusive activities for vulnerable groups.

